

The Shrine of Our Lady of Walsingham

## **A LENTEN RETREAT**

**An opportunity for reflection and prayer  
in the season of Lent**

**From Desert to Golgotha:  
a Lenten Journey**

**Monday 13 - Thursday 16 March 2023**

**Led by the Revd Canon Rebecca Swyer**

**Total Cost: £250 all inclusive**





## ***From Desert to Golgotha: A Lenten Journey***

The Retreat will be silent, and will include addresses by The Revd Canon Rebecca Swyer, Director for Apostolic Life in the Diocese of Chichester and Deacon Associate of the Holy House. Worship in the beautiful Shrine Church in Walsingham.

### ***THE PROGRAMME***

#### **Monday 13 March**

Arrive from 3pm

- 5.30 pm Evening Prayer
- 6.00 pm Drinks Reception
- 6.30—7.15 pm Supper
- 8.15 pm First Address & Night Prayer
- Silence begins

#### **Tuesday 14 March**

- 8.00—9.15 am Breakfast
- 9.30 am Second Address in the Shrine Church
- 12 noon Sung Mass
- 1.00 pm Lunch
- 4.30 pm Hour of Prayer before the Blessed Sacrament
- 5.30 pm Evening Prayer
- 6.00 pm Shrine Prayers (optional)
- 6.30 pm Supper
- 8.15 pm Sprinkling & Healing Liturgy





## Wednesday 15 March

8.00—9.15 am	Breakfast
9.30 am	Third Address
11.00 am	Sung Mass
1 pm	Lunch
4.30 pm	Hour of Prayer before the Blessed Sacrament
5.30 pm	Evening Prayer
6.00 pm	Shrine Prayers (optional)
6.30 pm	Supper
8.15 pm	A Devotion to the Blessed Virgin Mary

## Thursday 16 March

8.00 am	Mass
	Silence ends
8.45 am	Breakfast
	Depart





**To book a place on the Retreat** please contact our Hospitality Department:

The Shrine of Our Lady of Walsingham  
Hospitality Department  
The Milner Wing,  
Common Place,  
Walsingham NR22 6BP

Tel: 01328 820239

Email: [accom@olw-shrine.org.uk](mailto:accom@olw-shrine.org.uk)

The cost is £250 all inclusive. On booking, a non-returnable deposit of £20 is payable, and the outstanding balance should be settled during the Retreat.

Participants are welcome to arrive at any time after 3pm on the Monday afternoon.

[www.walsinghamanglican.org.uk](http://www.walsinghamanglican.org.uk)

