

# MAKING A MARIAN FRIENDSHIP BRACELET



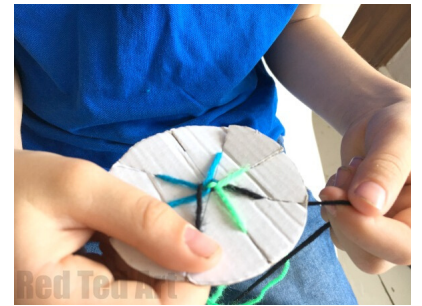
## ABOUT

In first century Galilee, Mary's clothing would probably not have much colour. Villagers may have used available plants to produce some modest dyes. Purple and blue were reserved for the rich and ruling classes because plants for those dyes were rare. Blue has been a colour associated with royalty, peace, and nature (sea and sky). So it makes sense that artists show the Queen of Heaven and Earth in blue.



## INSTRUCTIONS

- Visit [www.redtedart.com/friendship-bracelets-with-cardboard/](http://www.redtedart.com/friendship-bracelets-with-cardboard/) for details of how to make your cardboard loom and also helpful videos.
- Choose seven strands of wool and tie a knot at one end.
- Thread your strands through the hole in the disc. Use a pencil to help push them through.
- Now you 7 strands dangling down. Take one strand at a time and slot it through one of the 1 cm strips. 7 strands tucked in, with one "space slot".
- Rotate, so that the empty slot is at the top.
- Take the 3rd strand to the RIGHT of the spare slot, lift it out and put it into the spare slot.
- Rotate your disc so the new spare slot is at the top. Always rotate your disc the same way!
- Take the strand 3 to the right of the space and put it in the empty slot. Repeat!
- Your yarn bracelet will begin to "grow" on the other side of the disc.
- Tie it together when it is at the length you need



Slot at the top!  
1,2,3 up and slot!