

# PRAYER STONES



## ABOUT PRAYER STONES

Stones and Rocks are mentioned many times in the bible- from Moses striking the rock for water, to Paul referring to Jesus as the spiritual rock of the church. Today stones are often understood as a symbol of stability, strength and endurance. They can also help us to pray.



## INSTRUCTIONS

- Look at the example pictures of prayer stones or search the internet and find some other examples.
- Think of a word, or words that can help you to pray. Or choose one from the examples you have looked at.
- Use pens e.g sharpies to decorate your stone including the word you have chosen.
- Use it to help you pray.

