

# WELCOME

Welcome to our Children's Pilgrimage @Home!

We are really sad not to be seeing you all here at the Shrine this year, but we hope you are able to enjoy your weekend virtually! If you have never been to Walsingham before, it is the perfect opportunity to see what it is all about.

Our theme this year is Footsteps of Faith. Feet are strange things but are quite important here in Walsingham and they actually appear in the Bible many times! This weekend we will be walking in the footsteps of the countless pilgrims who have gone before us here in Walsingham and learning more about feet in the Bible.

There will be videos each day for you to watch on our website on our Children's Pilgrimage page: <a href="www.walsinghamanglican.org.uk/worship/childrens/">www.walsinghamanglican.org.uk/worship/childrens/</a> and this page also tells you how you can watch them on other platforms such as YouTube. After you have watched the videos there are pages in this booklet with some of the stories we have heard and then a page of things you can do at home.

If you would like to know more about the story of the Lady Richeldis, what happens on a pilgrimage and what the Shrine Church is like, you can visit <a href="https://www.walsinghamanglican.org.uk/visit/schools-department/resources/">www.walsinghamanglican.org.uk/visit/schools-department/resources/</a> where you will find 3 short videos, information booklets and more things to do!

Caroline Ward

Caroline Ward- Schools and Young Pilgrims Officer



## Friday 5th March

7.00pm welcome and First visit

## Saturday 6th March

10.30am Mass with Holy Mile Walk 4.00pm Feet in Holy Week

## Synday 7th March

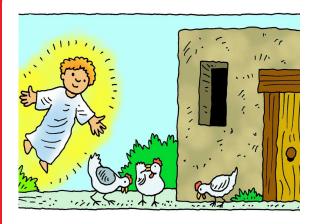
10.30am Running from the tomb, followed by Mass
4.00pm Benediction and Last Visit

### Feet Fact!

A quarter of your body's bones are in your feet. Your foot usually has 33 joints, 26 bones, 19 muscles, and 107 ligaments.

# FRIDAY 5TH MARCH 7.00PM FIRST VISIT





The Angel Gabriel was sent from God to a young woman named Mary in Nazareth, a town in Galilee. She was engaged to a man named Joseph of the family of David. When he came to her the angel said, "Hail, highly favoured one! God is with you!"

Mary was startled by his words and wondered what such a greeting might mean.

But the angel said to her, "Fear not Mary, for you have found favour with God. You will have a son and will name him Jesus. He will be great and will be called the son of the most high." Then Mary said to the angel, "How can this be, for I am a virgin?" The angel answered her, "The Holy Spirit will come upon you and the power of the Most High will cover you; therefore your child will be called Holy, the Son of God".



"HERE I AM. THE
"SERVANT OF THE
LORD; LET IT BE UNTO
ME ACCORDING TO
YOUR WORD

Mary said, "Here I am, the servant of the Lord; let it be unto me according to your word." Then the angel departed from her.



#### After the First Visit, choose from the activities below!





Make your own angels to decorate your home and remind you of the important story! The website

www.buggyandbuddy.com/30-angel
crafts-kids/ has plenty to choose from or you can get creative with whatever you have available! Or you could draw a picture of what you think the Angel

Gabriel might have looked like.



Our Pilgrimage is all about feet and footsteps!

When we go on Pilgrimage we often decide what we would like to pray for while we are there. Draw round your foot. You can then decorate it how you like! Then write on your foot things you would like to pray for this weekend. It could be people you know who are ill or struggling, it could be to say thank you to God, or to say sorry. Can you find something different for each toe?!



This evening we said a very special prayer that we use to ask Mary to pray for us. Can you learn it off by heart?

Hail Mary, Full of Grace, The Lord is with thee.

Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

You can also learn a dance and signing by going to:

www.youtube.com/watch?v=VZQjVI-P55w

This is a lovely video with movement set to 'Hail Mary' by the wonderful CJM. You could also search the internet and learn sign language for Hail Mary too!

### SATURDAY 6TH MARCH 10.30AM MASS



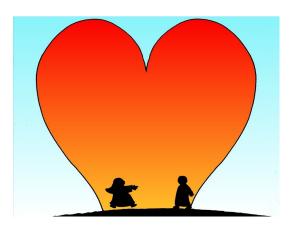
There are two videos to join in with today! The first is Mass with the Holy Mile Walk (in record time!). Our Mass begins at the Roman Catholic Shrine in the Slipper Chapel. We will find out why it is called the Slipper Chapel and why you don't actually need to wear slippers! After the Holy Mile Walk we will continue the Mass in the Shrine Church and learn that God always forgives us and loves us whatever we dol



In today's Gospel reading, we heard a story that Jesus told about a father and his two sons. One took his share of his father's money and ran off and spent it all. He eventually ran out of money and had to get a job. Things didn't turn out like he hoped and he ended up looking after pigs.

We heard how even though the father had been very badly treated by his son, he never stopped loving him and welcomed him back! He even gave him new clothes and threw him a party! His other son wasn't so pleased about it! Can you remember why?





Jesus told lots of stories to help us understand things. This story helps us understand that whatever we do, God will always love us and forgive us. He knows when we have done something wrong and He doesn't pretend that we are nicer than we are, but like the father in the story, He loves us anyway!



After Mass choose from the activities below!



Colour the pictures in on the next page.

Can you work out which part of the story they are showing?





Make your own pig!

www.activityvillage.co.uk/pig-crafts

has some fantastic ideas for making
your own pig. See what materials you
have got at home and get making!



Go on your own Holy Mile Walk!

Make sure you take the people who
live with you along too! How many
steps do you think it will take you?

### FEET FACTS!

Did you ever wonder why your feet sweat so much? It's because each foot has over 250,000 sweat glands! And those sweat glands can produce a cup of moisture every day.

# THE PRODICAL

# SON





# SATURDAY 6TH MARCH 4.00PM FEET IN HOLY WEEK



This afternoon, we heard the story of Jesus washing the feet of his disciples, which sounds really strange! But Jesus doesn't want us to literally go around washing people's feet, they might not like it! He wants us to follow his example; to feed the hungry, care for the sick, and love the least of these. Jesus is looking for servants, who will follow his example and love others.



Jesus knew he was going to die. But he also knew that he came from God and after his death he would return to God. He wanted to have a last meal with his friends. He loved them and loved them to the end.

They sat down to eat. During the meal Jesus got up from the table. He took off his outer cloak and tied a towel around his waist. Then he poured water into a basin and began to wash the feet of his friends.

Then he dried them with a towel. This was usually the job of a servant! Simon Peter was shocked! Jesus, his master and teacher was going to wash his feet like a servant or slave! He said 'Lord, You will never wash my feet!' Jesus answered, 'Unless you let me wash your feet, you can have nothing to do with me'. Simon Peter said, 'Lord, not only my feet but also my hands and my head!'





Jesus said, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you'. For he knew that Judas would betray him. After he had washed their feet, he said, 'Do you understand what I just did? If I your teacher and Lord, have washed your feet, then you must wash each other's feet. I have given you an example, so that you will do what I have done.



## SATURDAY 6TH MARCH

#### Choose from the activities below!



Wash someone's feet!

Where Jesus lived it was very hot and
dusty, so it was quite common to have a
servant wash your feet.

Have a go at washing someone's feet and let them wash yours. How does it feel to have your feet washed? How does it feel to wash someone else's feet? Think about how Jesus wants us to be.



Make some feet biscuits.

Get busy in the kitchen! You can use any biscuit recipe you like but the link below has a good recipe to use and has a template you can cut around to make your biscuits into feet shapes!

https://bit.ly/3s4WUfI

Make sure you get an adult to help you!





How can you follow the example of Jesus and serve other people? How can you show kindness and love to those people around you? Think of a person. It could be someone in your family, a friend, a teacher, someone in your community who lives on their own. Draw around your foot again and cut it out. Write the name of the person you have chosen and write down something that you will do to help them and show that you care. You can repeat this for as many people as you like.

## SUNDAY 7TH MARCH 10.30AM MASS





Before this morning's Mass, there was a lot of running! What a change from where we finished yesterday, with Jesus in the tomb! Mary Magdalene saw that the stone had been rolled away and ran to tell two of the disciples. Being human, Jesus had lived and died like us—but being God, Jesus was greater than death and he came alive again. Because he loves us, God sent Jesus to give us the greatest gift of all: the gift of love.



Early in the morning, on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed. So she ran! She ran to tell Simon Peter and the other disciple, the one that Jesus loved and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.'

Then Peter and the other disciple set out and went to the tomb. The two were running together, but the other disciple outran Simon Peter and got there first. He bent down to look in and saw the linen wrappings lying there, but did not go in. Then Simon Peter came, following him, and went into the tomb.





He saw the linen wrappings there and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in and he saw and believed.

Then the disciples returned to their home.





#### Choose from the activities below.



Make your own Easter Garden.

You could use a plant pot or a tray to create your own mini Easter Garden. You will need to make sure you include a tomb and a stone rolled away!



Make your own Holy House using Lego, cardboard, modelling clay or whatever you have available at home. On the next page, there are some pictures of the inside and the outside to help you. Use it to remind you to say 'Yes' to God just like Mary did.



Collect as many coins as you can find. Then use the coins to make lots of different shapes, designs and sizes of crosses. These can be photographed to have a record of the different designs. When you have finished this activity collect all the coins up and give them to a local charity.

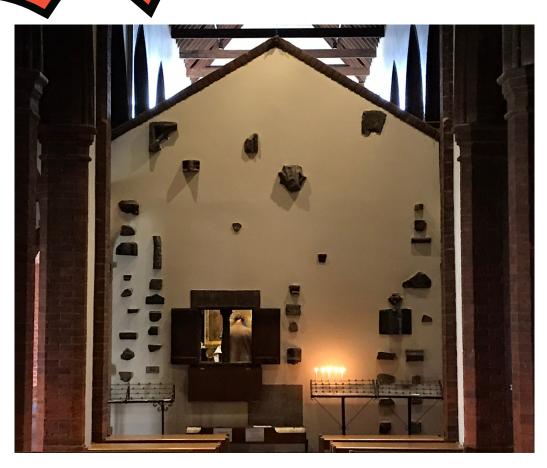
### **FEET FACTS!**

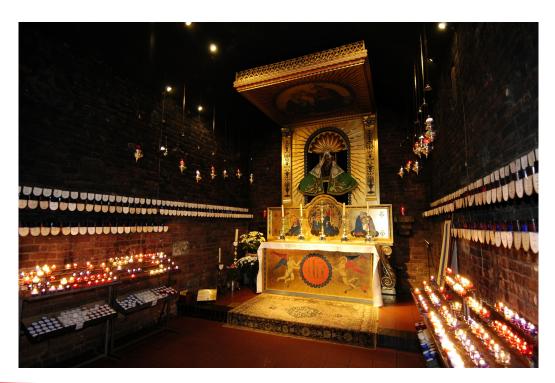
Do you ever wonder why feet are so ticklish? It's because they have around 8,000 nerves, with lots of nerve endings near the skin's surface.

THE HOLY HOUSE

### Did you know?

The lumps of stone in the outside walls of the Holy House are actually stones from other places which King Henry VIII destroyed.





SUNDAY TH MARCH
4.00PM BENEDICTION AND LAST VISIT

And just like that, it is time to say goodbye! We paid our last visit to the Holy House and received a very special blessing. We really hope you enjoyed your weekend virtually at the Shrine.

We are hoping and praying that next year we can all meet together again in Walsingham and if you haven't been before, we really hope you will come along and join us!











